

## Dying Moments and Communion

1. Spiritual Director will be introduced and give the "Means of Grace Talk"
2. Assistant Spiritual Director will explain the Dying Moments:
  - We will have two people \_\_\_\_\_ and \_\_\_\_\_ demonstrate how dying moments will work in a couple of minutes. I will explain how dying moments will be conducted first.
  - You will write the burden you are carrying and want the Lord to carry for you on a piece of rice paper (\*alternate). It may be pride, jealousy, problem with a family member, a brother in Christ, sister in Christ, a lawyer, etc. and place it in the basket on the table leaving the problem in the Lord's hands. This is between you and the Lord.
  - After everyone has participated \_\_\_\_\_ will put all of the burdens into the bowl of water and then add (dribble) some red food dye into the bowl to represent Christ's blood that has covered our sins and burdens.
  - They will have been given to the Lord, buried in the deepest sea (Micah 7:19--Once again you will have compassion on us. You will tread our sins beneath your feet; you will throw them into the depths of the ocean!)
  - They need to be forgotten and we need to accept God's forgiveness.
  - Demonstration by chosen individuals.

\*Alternate method is to write the problem on the inside of a post-it-note and place it on the paper cross, then name someone that will dispose of them and no one will ever see them or hear about them, they will be gone for good.
3. Dying moments: table leaders bring your table forward as directed one table at a time, remaining at the altar until each person at the table is finished.
  - Return to your seats quietly and be in prayer for those still at the altar. Reflect on what the moment means to you.
4. Spiritual Director will explain Communion:
  - The two volunteers to assist the Assistant and Spiritual Directors will come forward. (Not table leaders but members of the servant's table).
  - We will receive communion by intinction and two tables will be served at once and when directed. There will be two stations. Break off a piece of the bread, dip it in the juice, eat and remember the one that died for us.
  - Brief comment about communion by Spiritual Director.
  - Return to your seats quietly and be in prayer for those receiving the elements. Reflect on what the moment means to you.
5. Spiritual Director will say a few words about communion and the significance of what has just occurred in the life of a Christian.